

# Counseling Support Services Available in the Community:

**Phone Services:** (These are all FREE and available 24 hours.)

AIDS Hotline: (800) 232-4636

Alanon and Alateen: (510) 276-2270

Alcoholics Anonymous: (510) 839-8900

Children's Protective Services (CPS): (877) 881-1116

Crisis Line: (800) 833-2900

**Crisis Text Line: Text "HOME" to 741741**

Domestic Violence Hotline: (800) 799-SAFE (7233)

Food Bank: (925) 676-7543

Grief Crisis Line: (800) 837-1818

Homeless Crisis Line: (800) 808-6444

Teen Relationship Help Line (Love Is Respect): (866) 331-9474

Mental Health Crisis Line: (888) 678-7277

Northern California Family Center: (925) 370-1990

Psychological Emergency Hotline\*: (925) 646-2800

Runaway Hotline: (925) 370-1990

STD Hotline: (800) 227-8922

Suicide Hotline: (800) 273-8255

Teen Crisis Line: (800) 843-5200

**Counseling Services:** (These may be free or low cost.)

1) Children's Services: (510) 374-3261  
(Located near McDonald and 41<sup>st</sup> Street in Richmond)

2) Youth Service Bureau: (510) 215-4670  
(Located on 20th Street in Richmond)

3) Oak Creek Counseling Center: (888) 637-7404  
(Located in Berkeley and Pleasant Hill; Spanish Speaking)

4) Bay Area Psychotherapy Institute (BAPTI): (925) 284-2298  
(Located in Lafayette)

5) West Coast Children's Center: (510) 269-9030  
(Located in Oakland)

6) Center for Recovery & Empowerment (Free to West County residents): (510) 215-6009  
(Located in Point Richmond)