

Salesian Return to Play Safety Plan (Athletics 2021)

Notification Process to Other Schools of Student-athlete with Positive COVID-19 Test

The Athletic Director, Chad Nightingale, will inform the Head Coach and/or Athletic Director of any school we are competing against of any student-athlete who tests positive prior to a game/match with at least 24 hours notice. That COVID-19 positive student will not be allowed to participate in the game/match. If contact tracing determines that other student-athletes were exposed to the COVID-19 positive student-athlete in question, the game/match may be canceled and rescheduled. This process will be handled on a case-by-case basis each week.

Contact Tracing - Salesian Point of Contact

A Medical Assistant on staff has recently completed a certified Contact Tracing course and will be designated as a Contra Costa Health Services Department (CCHS) contact person for the School. The Principal is also a member of the Covid Response Team at Salesian and is another contact person for CCHS.

Contact tracing will be initiated by Zuleyma Guardado, Contact Tracing Coordinator if a positive COVID-19 case is reported. A binder will be maintained of intake forms submitted to the CC Health department, and any/all responses. We will follow the Schools Guidance for Suspected or Confirmed COVID-19 cases from CCHS.

COVID-19 testing will be scheduled monthly on campus at no cost to employees/students/families during their working hours. Additional free testing sites/locations/appointment information will be available from Zuleyma Guardado for any interested employee, student, etc. Additionally, all student-athletes will be tested weekly (minimum) on campus via Rapid Testing and/or PCR tests.

In the event we are required to provide testing because of a workplace/school exposure or outbreak, we will communicate the plan for providing testing and inform affected employees/students of the reason for the testing and the possible consequences of a positive test. We will contract with PMH Labs (conducts monthly testing on campus for Salesian) to set up testing for the school community if an outbreak occurs. Student-athletes will be tested on campus weekly by Virtual Benefit Solutions Inc.

Reporting, Recordkeeping, and Access

A binder will be maintained of intake forms submitted to the CCHS, and any/all responses by Zuleyma Guardado, Contact Tracing Coordinator. We will follow the K-12 Schools Guidance for Suspected or Confirmed COVID-19 cases from CCHS. That binder will also be accessible to the Athletic Trainer, Elizabeth Darr, at any time to check on the status of a student-athlete returning to play. Elizabeth Darr will also oversee all student-athletes' weekly testing and maintain a record for the Athletic Department in conjunction with the Athletic Director. Elizabeth Darr will also oversee the Return to Play procedure for any student-athlete who previously tested positive for COVID-19 and communicate that plan to Zuleyma Guardado, for Contact Tracing purposes.

Site-Specific Plan - Facility Limitations

Each indoor facility (i.e., gym, weight room, etc.) must have all fans on at all times to move air outside. All air purifiers must also be operating at least on the medium level at all times when athletes are inside the facility.

The capacity limits are as follows:

Facility	Purple Tier	Red Tier	Orange Tier	Yellow Tier
Gym	None	25	45	65
Boys Club Gym	None	25	40	50
Weight Room	None	7	10	14

The capacity limits include athletes, coaches, videographers, statisticians, etc., and would be for opposing team's athletes, etc. At present, the expectation is that no fans would be allowed for indoor activities while Contra Costa County is in Red. Limited access may be permitted within the facility number limits if the county attains the Orange or Yellow status. No visitors will be allowed during practices until the Yellow Tier is attained. Masks must be worn appropriately at all times in the gym and surrounding facilities. Only coaches and participants are allowed. Players and Coaches must sanitize hands before and after practice. The balls and equipment must be sprayed down after each practice.

In addition:

- Non-essential visitors will be restricted from daily access to the campus.
- No one will be allowed onto campus without executing a waiver that, among other items, requires that the person pass a self-check screening for COVID-19 symptoms. Ingress and egress routes will be clearly delineated, and the students, faculty, and staff informed, to maximize the use of all stairways and entrance doors which will optimize traffic flow.
- Individuals will be kept as far apart as possible when there are situations where six feet of physical distancing cannot be achieved.
- Medical grade Air Purifiers (H-13 HEPA filters) have been installed in every office, classroom, gym, weight room, café, and break rooms throughout the school facility. Staff is instructed to put on air purifiers daily and open windows in every office/classroom or other occupied areas to maximize airflow throughout the school.

An additional janitor will come on campus every evening after the regular daily cleaning has been completed. EPA approved list 'N' cleaning materials for use against COVID-19 will be utilized throughout the campus. The extra janitor will use the EvaCleaning system (spray) on desks, door handles, cafe tables, chairs, gym bleachers, bathrooms, etc., to disinfect the campus every evening. Additional disinfectant wipes, cleaning supplies, paper towels, etc., as well as disposable masks, will be available in the gym via the Athletic Trainer's room, Athletic Director's office, or Basketball Coach Mellis' office (adjacent to the gym). Wipes, disinfectants, and cleaning supplies will be available in the weight room as well.

Point of Contact on Site for Athletics - Chad Nightingale, Athletic Director

Point of Contact - Testing of Athletes and Return to Play - Elizabeth Darr, Athletic Trainer

Elizabeth Darr, Athletic Trainer, conducted a training session for all coaches at Salesian that covered the following topics: Hygiene, social distancing, 100% Mask Wearing Protocol, sanitizing any/all shared equipment, pre-event screening, Return to Play procedure, as well as specific guidance for individual sports.

Travel and Play Rule

As of March 5, 2021, the CDPH allowed indoor sports, including basketball and volleyball, to proceed under certain terms and conditions. Until that date, the CDPH and various State and County Rules prohibited such sports from being allowed indoors. Since those activities are no longer prohibited, the rule that required students who left the state and participated in such activities to quarantine and not participate in those activities indoors on our campus has been changed. (See Salesian Covid Rules and Regulations.)

Travel Students must refrain from attending class for ten (10) calendar days after the last day of participating in an indoor sporting event or other large group gathering out of state. They will be allowed to continue with indoor sports, clubs, or co-curriculars on our campus provided that they meet the Indoor Sports Testing Requirements.

Indoor Sports Testing Requirements vs. Quarantine

All indoor sports' participants must be tested for COVID-19 (and show a negative test result) every Monday, Wednesday, and Friday on campus with our testing agency. If a student travels outside of California and participates in an indoor athletic event or group gathering (**Indoor Out of State Event**), they are not permitted to attend school in-person for ten (10) days from the last day of participation in such event, or until they receive a negative COVID-19 test at least five days after such event. Such students shall be deemed to be **Travel Students** and allowed to continue participating in indoor activities if: (1) They have opted in for HyFlex; (2) are not deemed to be Absent Students on the particular day of a game, practice, etc.; (3) test three days per week (with a negative test result) every week in which there is a practice, scrimmage, indoor conditioning or game; and (4) when they are able to attend school which will be after receiving a negative test at least five days after the event described above they become HyFlex Students.

Masks

Masks must be worn appropriately during conditioning and practices by all coaches and participants. During games, masks are optional for the participants who are actively participating and mandatory for those not on the court.

Other Individual Control and Screening

Elizabeth Darr, Athletic Trainer, conducted a training session for all coaches at Salesian that covered the following topics: Hygiene, social distancing, 100% Mask Wearing Protocol, sanitizing any/all shared equipment, pre-event screening, Return to Play procedure, as well as specific guidance for individual sports. Coaches are required to conduct daily pre-screening of all athletes (per Liz Darr's training regimen) prior to commencing practice.

Employees (including coaches) or students who are sick or exhibiting symptoms of COVID-19 are directed to stay home and follow CCHS Guidelines for returning to work after isolation or quarantine (see SCP COVID-19 Rules and Regulations).

Students must avoid all physical contact with each other, including celebrations, handshakes, high-fives, etc.

(Continued next page)

Parents must check their student every day, and all Salesian employees and off-campus coaches must also complete a self-check. If any of the following symptoms (“Symptoms”) are present, the student, employee, or coach must remain at home and not attend school until the Symptoms have not been evident for at least three (3) days:

- Fever above 100 degrees Fahrenheit (Touchless Thermometers available in the front office) or chills
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Dry cough
- Congestion, sneezing, or runny nose not related to a previous condition
- Sore throat
- Fatigue
- Muscle or body aches
- Headache
- Nausea or vomiting
- Diarrhea

Isolation and Quarantine

An isolation room has been established on the first floor in case a student or staff member with symptoms needs to wait for transport.

COVID-19 cases with COVID-19 symptoms will not return to work/school until all the following have occurred:

- At least 24 hours have passed since a fever of 100.4 F, or higher has resolved without the use of fever-reducing medications.
- COVID-19 symptoms have improved.
- At least ten (10) days have passed since COVID-19 symptoms first appeared.
- COVID-19 cases that tested positive but never developed COVID-19 symptoms will not return to work or school until a minimum of ten (10) days has passed since the date of specimen collection of their first positive COVID-19 test.
- If an order to isolate or quarantine an employee or student is issued by a local or state health official, the employee will not return to work until the period of isolation or quarantine is completed, or the order is lifted. If no period was specified, then the period will be ten (10) days from the time the order to isolate was effective or the date of a positive test, or ten(10) days from the time the quarantine order was effective.

Travel for Competition

Parents will be asked to transport their sons/daughters to and from all games/matches this school year. Student drivers will also be allowed to drive themselves only to and from a game/match this year. No buses or school vans will be routinely used to transport student-athletes this year. One van may be available to each team (Head Coach) in an emergency to provide transportation for a student who does not have any way to get to a game.

Only two adults per Salesian athlete will be allowed to participate as a fan at outdoor sporting events. No Salesian students will be allowed to attend as fans during outdoor sporting events. Per TCAL policy, no fans are allowed to attend outdoor sporting events.

No fans are allowed for any indoor sporting events when the county is in the Red Tier. Fan policy TBD for indoor sports when the county moves to the Orange or Yellow tier.